

IT'S GETTING CLOSER

ARE YOU READY

PURE, RAW AND HAPPY

a more joyful new way of life



HOW TO NAVIGATE A MORE JOYFUL
NEW WAY OF LIFE
STRAIGHT FROM THE HEART

Maria Rinné

This book by Maria Rinné is a considerate, gentle, yet powerfully inspiring instructional guide to explore, and build a balanced, confident, happy sense of life and self

From discovering your true wants, needs, and limitations, to developing tools to listen to your inner guidance, to honing into your instincts and learning to trust the wisdom within yourself; this book reveals the possibility of a more relaxed, beautiful life, and comfortingly informs us that finding inner peace may not be as difficult as we think.

Maria shares her own struggles, energy, meditations, breakthroughs and victories, explains the great importance of living from your heart, and details the sensations, the challenges, and the benefits of this journey as she guides you through her unique process of self-discovery and personal progress that is open to all so that you can be the leader of your life with confidence, joy and comfort.

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